



INFLUENCING FACTORS TO CARRY OUT LEARNED THERAPEUTIC ACTIVITIES AT HOME: A REVIEW OF PAEDIATRIC IN PATIENT 14 DAYS THERAPY PROGRAMME

By

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Title- “Influencing factors to carry out learned therapeutic activities at home: A Review of paediatric in patient 14 day’s therapy programme”

Aim of the study: To identify the influencing factor to carry out learned therapeutic activities at home from paediatric in patient 14 day’s therapy programme at CRP.

Methodology: This was a qualitative type of phenomenological cross sectional study where 7 (seven) samples were assigned purposively. A self-inventor questionnaires was used to collect data from parents (mother) of children with cerebral palsy who attended 14 days in patient therapy programme at CRP.

Results: It was found that four (4) mother face difficulty to apply facial massage similarly three (3) mother reported that their child refuse food and they have to push again and again alongside three (3) mother informed that their child doesn’t pay attention despite to five (5) respondent state that their child has improved better than ever. Three (3) respondents requested that it would be better if they got financial support to continue the therapy service after 14 day’s therapy programme because the child’s need of therapy

changes over time with age wise development on the other hand four (4) respondent also said that it would be better if they got more appointment for therapies.

Conclusion: In this study influencing barriers are financial barrier, insufficient appointment of therapies barrier are the major assistant and need one more person with them. Government also responsible to ensure the access for the health care service of the children with communication difficulties.

Limitation: During the conduction study, there has some boundary related to research that are given below-

- I. There were some mothers who did not want to participate in this study.
- II. This study investigator took data from mothers but didn't took from fathers so it was also a limitation.
- III. Due to small sample it was difficult to generalize the study.
- IV. The entire interview was conduct in Bangla and then it was translated in English. So during translation there might be possibility to loss the original theme of the information.

Recommendation: Following things should be done in future-

- I. Another study should be done with large number of participant's.
- II. Another study should be done parent's perception about 14 day's therapy programme.
- III. Another study should be done to see the effectiveness of 14 day's therapy programme.
- IV. The respondents recommend to increase the number of therapist as they don't get enough therapy appointment.
- V. Most of the respondent demands financial support or to reduce the therapy charge.

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[N.B. For better understanding of the study, please see hard copy & for any further information please contact: sampacrp2016@gmail.com]