

**Challenges of Person Following Acid Burn to Participate in
Basic Activities of Daily Living at Home after Completing
Rehabilitation from Acid Survivors Foundation**

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Abstract

The study was conducted to explore challenges of Person Following Acid Burn to participate in Basic Activities of Daily Living at home after completing rehabilitation from Acid Survivors Foundation. The acid burn is very neglected part in developing world like Bangladesh. In Bangladesh it constitutes 9% of total burn (Acid Survivors Foundation 2008). It greatly hampers BADL that was observed by the researcher in Physical Medicine and Rehabilitation Department at Dhaka Medical College and Hospital. Moreover, there is no any unified research in Bangladesh regarding on this issue. So, the researcher becomes interested to conduct the study. When challenges can be determined and the rehabilitation teams of the ASF are aware about those challenges then it will assist them to ensure better services on BADL within their facilities. Besides it, when Occupational Therapist will work with Person Following Acid Burn this study will also help them to arrange the ADL program by considering those challenges. Ultimately a large group of client as well as health service of Bangladesh will be benefited. In this study the researcher followed qualitative Grounded Theory research and the study was conducted on six participants who were selected using convenience sampling. From in depth data analysis it is found that Person Following Acid Burn's understanding about BADL is main personal care activities like- toileting, grooming, eating etc. They faced physical challenges faced to participate in BADL at home. In eating they experienced difficulties in mouth opening, setting up food, and bringing food towards mouth and cleaning mouth after eating. Then dressing and undressing in sequential fashion, taking dress in storage area and adjusting cloth is challenging to them. They also experienced difficulties in using supplies including soap, water, as well as also in washing body and/or face and combing hair during grooming. Finally taking and using necessary equipment from certain place is physically difficult to them during toileting. These physical difficulties have impact on psychological challenges and Decrease self-esteem, sadness and become upset are common psychological challenges within them.

Key words: Challenges, Person Following Acid Burn, Basic Activities of Daily Living, Rehabilitation service of Acid Survivors Foundation.