

**PARENTS AS CO-THERAPISTS  
IN INTERVENTION PROGRAM:  
A family centered approach**

*Prepared by*

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## ABSTRACT

The disability of a child creates pressure and complexity, causing severe emotional stress and altering relationship and lifestyle including care-giving activities. This quantitative study aims to examine the effectiveness of parents' involvement in intervention program for cerebral palsy child. Normal conflict in caring of a child, decision making in intervention program and child's performance were examined to understand the issues of parent involvement. 6 participants were chosen by simple randomization from Mother & childcare unit of Centre for the Rehabilitation of Paralyzed, who made the selection criteria. Classic experimental design was used followed by a pretest and post-test evaluation of child's performance by using the modified scale for Postural control and Gross motor skills, fine motor skills and Asworth scale of spasticity on basis of pediatric Occupational Therapy assessment form. All data were statistically analyzed by unrelated 't'-test. General observation, statistical results shows that there was the level of improvement of experimental group is significantly higher than the control group due to having parent involvement. The factors responsible for this result are discussed in this study.

**Keyword:**

*Parents' involvement, Occupational Therapy intervention program, child's performance skills, family centered approach.*